



## COVID-19 Information

In line with guidance from Public Health England and the Chartered Society of Physiotherapy (CSP), SRC Physio is able to offer face-to-face appointments in a COVID-19 safe environment. If you don't feel comfortable about coming into the clinic or have been asked to self isolate, we can offer virtual sessions.

### Before your appointment

On confirmation of the appointment, you will be required to complete an online COVID-19 screening questionnaire prior to your attendance. Please advise us if anything changes before any face-to-face appointments.

### On the day of your appointment

- Our waiting area is not available at present and entry is direct into the clinic. Please do not use the main entrance of the Business Centre.
- Do not arrive more than five minutes before your appointment: we request you wait outside the clinic or in your car.
- Please sanitise your hands on arrival.
- We ask that you wear a face covering during the appointment (unless you are exempt) and can provide a mask if needed.
- Please do not bring lots of belongings into the treatment room and, if possible, come ready-changed for your appointment.
- We would request that you avoid bringing friends or family to your appointment. Please advise us in advance if you require a guardian, chaperone, carer or translator to attend with you.
- Our capacity for patient appointments has been reduced and staggered to facilitate social distancing and allow time for cleaning between patients.
- We are sorry that toilets are not currently available for use by visitors.
- Please contact us, and do not attend an appointment if, in the fourteen days prior to your appointment, you have had any COVID-19 symptoms including high temperature, a new continuous cough, a loss or change of sense of taste or smell, have been in close contact with anyone with confirmed COVID-19.

## Your Physio Session

- SRC Physio is taking all reasonable steps to minimise any risks to patients (including observing social distancing measures, infection control and PPE); however, physiotherapy often requires close physical contact (<2m for >15mins) which may increase the risk of exposure to and transmission of COVID-19.
- The physiotherapist will wear PPE in line with current guidance.
- The clinic room will be cleaned in between every patient.

## Your Physiotherapist

- Will not see any client if he or she has had any of the following symptoms in the fourteen days prior to your appointment: high temperature, a new continuous cough, a loss or change of sense of taste or smell.
- Confirms that to the best of their knowledge, they have not been in close contact with anyone with confirmed COVID-19 in the fourteen days prior to your appointment.
- All our physiotherapists have been vaccinated.

## COVID-19 and Risks

SRC Physio's Standard Operating Procedures are in line with Public Health England and CSP advice and recommendations.

The rules regarding coronavirus/COVID-19 are changing. Please ensure you are up to date and are aware of the risks related to coronavirus. Get the latest government and NHS information and advice about coronavirus here:

<https://www.gov.uk/coronavirus>

<https://gov.wales/coronavirus>

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

## Concerns or Questions

We aim to make your visit as safe and as comfortable as possible. If you have any concerns or any questions, please contact us by telephone on 07767 848255 or email [srcphysio@icloud.com](mailto:srcphysio@icloud.com)

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